



USEFUL CONTACTS FOR SENIORS

Ambulance, Police, Fire (24 hour service)	000 or Mobile 112
State Emergency Service (SES, 24 hour service)	13 25 00
Emergency Contact: 1st Person	
Emergency Contact: 2nd Person	
Doctor/Medical Centre	
Policelink (enquiries, non urgent incidents, 24 hrs)	131 444
Your Electricity Supplier	
Your Gas Supplier	
DV Connect (24hour domestic violence help)	
Women (24 hours, 7 days)	1800 811 811
Men (9 am -12midnight, 7 days)	1800 600 636
Aged Care Help Desk (all aged care information)	1800 200 422
Beyond Blue Information Line (24 hour service)	1300 224 636
Centrelink – 1 Number	13 24 68
Commonwealth Respite and Carelink Number	1800 052 222
COTA Queensland (M - F, 9am to 5pm)	1300 738 348
Do Not Call Register (To stop telephone marketing)	1300 792 958
Elder Abuse Prevention Unit (Information, M-F)	1300 651 192
Information - Older Australians (M-F, 8am to 5pm)	
Information - People With A Disability (M - F)	13 23 00
My Aged Care	1800 200 422
Office of Fair Trading	13 74 68
RTA	1300 366 311
Seniors Legal and Support Service (Brisbane)	07 3214 6333